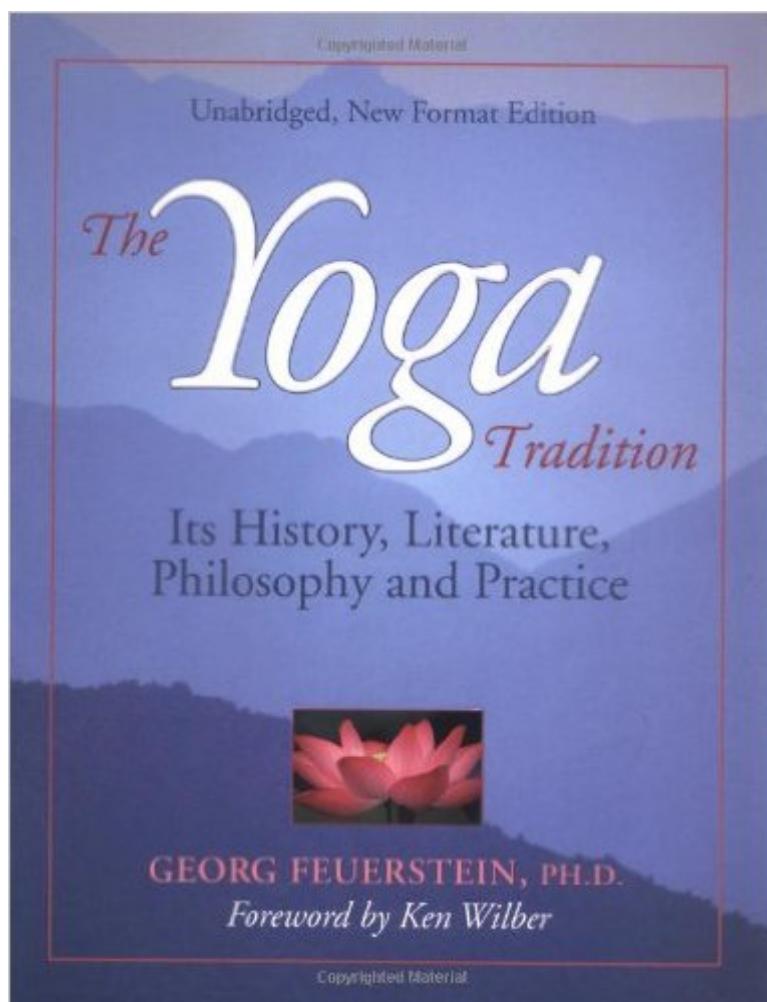


The book was found

The Yoga Tradition: Its History, Literature, Philosophy And Practice



Synopsis

From the foremost living authority on Yoga comes the most comprehensive and reliable treatment of the subject available today. This is a work of impeccable scholarship by a person who has dedicated his life to the understanding and practice of yoga. The book offers a complete overview of every Yogic tradition, from the familiar to the lesser-known forms. It also covers all aspects of Hindu, Buddhist and Jaina Yoga, including history, philosophy, literature, psychology and practice. In addition, included are translations of twenty Yoga treatises and the first translation of the Goraksha Paddhati.

Book Information

Paperback: 550 pages

Publisher: Hohm Press; 3rd edition (October 31, 2001)

Language: English

ISBN-10: 1890772186

ISBN-13: 978-1890772185

Product Dimensions: 8.5 x 1 x 10.5 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (65 customer reviews)

Best Sellers Rank: #78,893 in Books (See Top 100 in Books) #297 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga #810 inÂ Books > Politics & Social Sciences > Philosophy > Eastern #18267 inÂ Books > Religion & Spirituality

Customer Reviews

This extraordinary work represents a lifetime of devotion to yoga by its preeminent Western scholar. It is at once a distillation and compilation of all that Georg Feuerstein has gleaned in his extensive travels both academically and spiritually. It greatly broadens the usual scope of yoga to include its manifestation in other religions and goes back in time to the edge of the prehistory. Feuerstein understands that yoga is both an ancient practice, and, by itself, a profound and venerable religion. More than anything, however, it is a salient expression of the culture and philosophy, the lifestyle and history of the Indian subcontinent where it was the midwife of the great religions of Buddhism, Jainism, Taoism and of course that great body of belief and practice known as Hinduism. Feuerstein is in one sense a true believer. He has devoted his life to the study of yoga and attendant phenomena, in particular Hinduism and the broad Tantric tradition. One gets the sense that even here in this lengthy work, he knows much more than he is conveying; that there is a synergistic

power in his extensive knowledge that allows him to know things that he cannot express. One feels his intense desire to say something that perhaps cannot be said, something spiritual and personal that can only be experienced. In another sense he is a hard-working scholar who reports on what he has learned without passing unnecessary judgments or drawing unwarranted conclusions, although he does interpret. He is, in this sense, the American expression of the great Romanian scholar Mircea Eliade (who wrote in French) with perhaps a pinch of the Indian philosopher Sri Aurobindo, on the one hand, and the English tantrist Sir John Woodroffe, on the other, folded in.

[Download to continue reading...](#)

YOGA: The Essential Guide To Yoga For Beginners (Yogananda, Yoga Anatomy, Yoga Poses, Yoga Sutra, Yoga For Men, Yoga Journal) Yoga For Beginners: An Easy Yoga Guide To Relieve Stress, Lose Weight, And Heal Your Body (yoga, yoga for beginners, yoga for weight loss, yoga guide, chakras, meditation) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) The Yoga Tradition: Its History, Literature, Philosophy and Practice The Inner Tradition of Yoga: A Guide to Yoga Philosophy for the Contemporary Practitioner Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility) Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) Tantra Illuminated: The Philosophy, History, and Practice of a Timeless Tradition Yoga: Ultimate Yoga Mastery: 2-Books-in-1 (50+ Beginner and Advanced Poses Illustrated) (Yoga Healing, Stress Reduction and Mindfulness) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth At Office Yoga: Your At Work Yoga Guide For Stiff Bodies That Sit All Day (Just Do Yoga Book 7) Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga The City in History: Its Origins, Its Transformations, and Its Prospects The End of Comparative Philosophy and the Task of Comparative Thinking: Heidegger, Derrida, and Daoism (SUNY Series in Chinese Philosophy and Culture) ... Chinese Philosophy and Culture (Paperback) The Wrong of Injustice: Dehumanization and its Role in Feminist Philosophy (Studies in Feminist Philosophy) Inside The Yoga Sutras: A Comprehensive Sourcebook for the Study and Practice of Patanjali's Yoga Sutras Guide to Law and Literature for Teachers, Students, and Researchers: Companion Text to Literature and Legal Problem Solving : Law and Literature As Ethical Discourse Energy Medicine Yoga: Amplify the Healing Power of Your Yoga Practice Ashtanga Yoga: El Manual de La Practica (Ashtanga Yoga: The Practice Manual) (Spanish Edition) AIDS Literature and Gay Identity: The Literature of Loss (Routledge Studies in Twentieth-Century Literature)

[Dmca](#)